

LICE INFORMATION SHEET

Head Lice infestation requires consistent and careful control measures by parents. Parents should check their children's hair and scalps weekly to rule out the possibility of infestation.

What does a "NIT" (lice egg) look like?

Color:	Light-grayish, silvery, not white.
Shape:	Like a teardrop or raindrop, not angular. Can be smaller than the head of a pin.
Sticky:	Sticks to the hair, cannot be shaken off.
Where:	On the hair shaft, most commonly, at the crown, Behind the ears, and the back of the head.
Itching:	May or may not be present. NOTE: Head Lice do not fly or jump. Direct contact is needed.

What must I do if my child has "NITS"?

1. Obtain the Special Medicated Lice Shampoo and the Special Lice Comb at local drugstores over the counter. Ask the pharmacist. Some Brands include: A-200, Clear, NIX, RID, and Triple X.
2. Have **EVERYONE** in your home wash his/her hair with the lice shampoo.
Use lice shampoo only once a week. It is a poison.
3. Remove **ALL** Nits, combing or pulling them from the hair manually.
4. Wash all clothing, bed linens and towels in hot water. All personal items such as combs, and brushes, should be boiled in water or soaked in lice shampoo or 2% Lysol solution.
5. Vacuum all carpets, floors, mattresses, pillows and upholstered chairs and couches as well. Wrap stuffed animals, toys and pillows in plastic bags for at least 24 hours.
6. 7-10 days after the first shampooing, wash everyone's hair a second time with the lice shampoo.
7. Again, remove **ALL** Nits.
8. Recheck hair on a regular basis for nits, even when school is not in session, especially during warm weather. Reapply lice shampoo as needed.
9. Please remember that lice are infestation which may be contracted in any public place, be it a movie theater, park, department store, etc. It is, therefore, necessary to check your child on a regular basis even when school is not in session.

IMPORTANT

Child should not miss more than two days of school. Child's hair must be rechecked in the school office when he/she returns to school. No child shall be allowed in school with nits.